

# NAF Summer Camp 2008

## What to Bring

- Hiking Shoes
- Aerobic/Workout Shoes
- Swimming Suit + Cover-up
- Flip Flops
- Jacket
- Pajamas
- Personal Items (Makeup, Hair Supplies, Hygiene Items, Sunscreen, etc)
- 7 - Summer Outfits (including jeans)
- 5 – Sets of Workout Clothes
- 7 – Sport Socks
- 7 – Sets of Underclothes (including sports bras)
- 2 – Shower Towels
- Wrist Watch With a Stop Watch
- Camera
- Phone Card
- Stamps
- Hat or Visor
- Sun Block Lotion
- Hydration Backpack (Camel Pak)
- Optional
  - Discman & CD's or Portable MP3 Player or i-pod
  - Books for Reading

### What Not To Bring

- Expensive Jewelry or Items
- Stereo
- Cell Phone (If used for travel safety NAF will hold phone until camper returns home.)
- CD's with Explicit Lyrics

Please email or call us if you have any questions about this list or other items.

[info@nafkids.com](mailto:info@nafkids.com) 1-888-577-1155